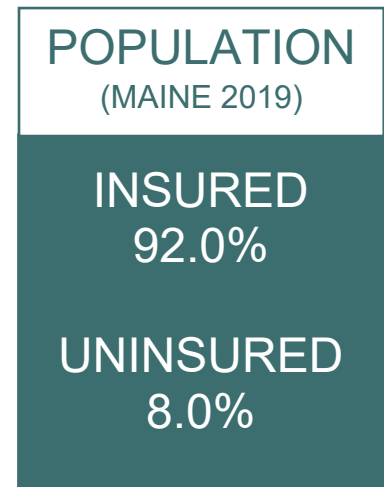


HEALTH IN MAINE: INSURANCE STATUS

This table shows the percentage or rate of each indicator among insured and uninsured residents in Maine. For example, in 2017, 89.7% of adults with private insurance and 55.3% of uninsured adults in the state had a usual primary care provider.

The MSCHNA collects and analyzes data on health outcomes, health behaviors, social determinants of health, and demographics. Some sub-populations experiencing health disparities are small, resulting in data that is less reliable due to low numbers or unavailable due to privacy concerns. The data that is collected and available is included in these tables. Due to data collection and availability, the list of data in these tables may be shorter than what appears in the County Health Profiles.

The MSCHNA looks forward to supporting the efforts of Maine's Office of Population Health Equity to address these limitations and enhance data collection practices.



Health Indicators by Insurance Status

INDICATOR	INSURANCE STATUS						MAINE
	Private	MaineCare	Medicare	Other	Insured	Uninsured	
DEMOGRAPHICS							
Population (percent of total Maine population)	-	-	-	-	2019 92.0%	2019 8.0%	2019 100%
Gay, lesbian and bisexual (adults)	2012-2015 & 2017 3.5%	2012-2015 & 2017 6.9%	2012-2015 & 2017 2.2%	2012-2015 & 2017 1.4%	-	2012-2015 & 2017 5.0%	2011-2015 & 2017 3.5%
Persons with a disability	-	-	-	-	2015-2019 94.3%	2015-2019 5.7%	2015-2019 16.0%
GENERAL HEALTH STATUS							
Fair or poor health (self-rated)	2017 9.1%	2017 37.0%	2017 24.8%	2017 19.6%	-	2017 20.0%	2017 16.1%
14 or more days lost due to poor physical health	2017 8.0%	-	2017 19.9%	2017 20.8%	-	2017 10.8%	2017 13.0%
14 or more days lost due to poor mental health	2017 8.9%	-	2017 12.5%	2017 14.2%	-	2017 20.9%	2017 12.9%
Three or more chronic conditions	2017 8.2%	2017 24.8%	2017 30.5%	2017 23.7%	-	2017 11.8%	2017 15.4%
ACCESS							
Ratio of population to primary care physicians	-	2019 1919.0	-	-	-	-	2019 1332.0
Usual primary care provider (adults)	2017 89.7%	2017 89.2%	2017 95.1%	2017 90.2%	-	2017 55.3%	2017 87.2%
Primary care visit to any primary care provider in the past year	2017 71.7%	2017 70.0%	2017 83.5%	2017 85.5%	-	2017 35.7%	2017 71.3%
Cost barriers to health care	2017 8.7%	2017 16.0%	2017 4.5%	2017 8.0%	-	2017 42.8%	2017 11.7%

INDICATOR	INSURANCE STATUS						MAINE
	Private	MaineCare	Medicare	Other	Insured	Uninsured	
CANCER							
Breast cancer screening up-to-date	2016 82.5%	2016 -	2016 81.4%	2016 80.8%	-	2016 -	2016 80.8%
Colorectal cancer screening up-to-date	2016 76.8%	2016 72.5%	2016 81.2%	2016 81.7%	-	2016 32.9%	2016 75.5%
Cervical cancer screening up-to-date	2016 85.4%	2016 80.7%	2016 81.6%	-	-	-	2016 81.6%
CARDIOVASCULAR DISEASE							
High Blood Pressure	2017 27.6%	2017 39.3%	2017 55.5%	2017 43.4%	-	2017 25.0%	2017 34.8%
High cholesterol	2017 32.5%	2017 43.0%	2017 52.7%	2017 42.6%	-	2017 26.6%	2017 37.4%
Cholesterol checked in past five years	2017 86.8%	2017 76.2%	2017 95.0%	2017 92.1%	-	2017 57.6%	2017 85.4%
DIABETES							
Diabetes	2017 7.2%	2017 10.9%	2017 19.0%	2017 14.0%	-	2017 7.0%	2017 10.7%
Prediabetes	2017 6.8%	2017 13.6%	2017 11.4%	2017 10.0%	-	2017 7.1%	2017 8.2%
A1c test at least twice/year (adults with diabetes)	2011-2017 76.6%	2011-2017 83.5%	2011-2017 81.5%	2011-2017 77.1%	-	2011-2017 54.5%	2011-2017 77.5%
Formal diabetes education (adults with diabetes)	2011-2017 61.3%	2011-2017 57.0%	2011-2017 60.6%	2011-2017 61.3%	-	2011-2017 50.9%	2011-2017 59.1%
Foot exam annually (adults with diabetes)	2011-2017 86.3%	2011-2017 81.5%	2011-2017 87.0%	2011-2017 82.4%	-	2011-2017 65.3%	2011-2017 83.9%
Dilated eye exam annually (adults with diabetes)	2011-2017 71.7%	2011-2017 59.3%	2011-2017 77.3%	2011-2017 73.2%	-	2011-2017 42.4%	2011-2017 70.4%
RESPIRATORY HEALTH							
Current asthma (adults)	2017 9.4%	2017 21.6%	2017 13.2%	2017 8.9%	-	2017 9.7%	2017 11.2%
Chronic obstructive pulmonary disease (COPD)	2017 3.2%	-	2017 14.8%	2017 13.2%	-	2017 7.1%	2017 7.8%
PHYSICAL ACTIVITY, NUTRITION AND WEIGHT							
Obesity (adults)	2017 28.7%	2017 34.6%	2017 27.6%	2017 34.3%	-	2017 29.0%	2017 29.1%
Overweight (adults)	2017 36.5%	2017 32.2%	2017 37.8%	2017 39.0%	-	2017 31.0%	2017 35.9%
Sedentary lifestyle – no leisure-time physical activity in past month (adults)	2017 20.8%	2017 30.1%	2017 30.0%	2017 25.5%	-	2017 35.9%	2017 25.2%
Met aerobic physical activity recommendations (adults)	2017 54.8%	2017 50.6%	2017 53.3%	2017 53.0%	-	2017 40.7%	2017 52.8%
Fruit consumption (adults reporting less than one serving per day)	2017 29.8%	2017 37.9%	2017 27.9%	2017 31.3%	-	2017 47.4%	2017 31.4%
Vegetable consumption (adults reporting less than one serving per day)	2017 11.2%	2017 17.4%	2017 11.8%	2017 12.2%	-	2017 17.9%	2017 12.4%

INDICATOR	INSURANCE STATUS						MAINE
	Private	MaineCare	Medicare	Other	Insured	Uninsured	
PREGNANCY AND BIRTH OUTCOMES							
Infant deaths per 1,000 live births	2014-2017 4.6	2014-2017 7.3	-	2014-2017 5.7	-	2014-2017 8.4	2015-2019 5.8
Low birth weight (<2500 grams)	2015-2017 6.1%	2015-2017 9.5%	-	2015-2017 7.8%	-	2015-2017 7.1%	2018-2019 7.3%
Pre-term live births	2015-2017 8.1%	2015-2017 10.6%	-	2015-2017 10.9%	-	2015-2017 7.2%	2018-2019 8.8%
Unintended births	-	2018-2019 31.5%	-	-	-	2018-2019 25.0%	2018-2019 20.7%
Births for which the mother received more than 80% of expected prenatal visits	2015-2017 88.2%	2015-2017 79.4%	-	2015-2017 76.4%	-	2015-2017 55.9%	2018-2019 82.7%
Smoked during pregnancy	2015-2017 3.1%	2015-2017 25.2%	-	2015-2017 7.4%	-	2015-2017 13.5%	2018-2019 11.9%
Drank alcohol during pregnancy	-	2018-2019 4.8%	-	-	-	2018-2019 4.7%	2018-2019 9.5%
Infants who are ever breast fed	2015-2017 94.4%	2015-2017 80.2%	-	2015-2017 92.2%	-	2015-2017 87.5%	2018-2019 89.3%
C-sections among low-risk first births	2015-2017 26.0%	2015-2017 25.3%	-	2015-2017 25.8%	-	2015-2017 14.4%	2018-2019 25.2%
COGNITIVE HEALTH							
Arthritis	2017 23.1%	-	2017 49.6%	2017 48.1%	-	2017 21.3%	2017 31.2%
Caregiving at least 20 hours per week	2015 & 2017 4.3%	2015 & 2017 7.0%	2015 & 2017 5.1%	2015 & 2017 4.0%	-	2015 & 2017 7.4%	2015 & 2017 4.8%
ENVIRONMENTAL HEALTH							
Lead screening among children (ages 12-23 months)	-	2019 55.8%	-	-	-	-	2019 60.3%
Lead screening among children (ages 24-35 months)	-	2019 39.1%	-	-	-	-	2019 36.7%
IMMUNIZATIONS							
Influenza vaccination in the past year (adults)	2017 43.2%	2017 36.0%	2017 60.7%	2017 48.8%	-	2017 13.4%	2017 44.4%
Pneumococcal pneumonia vaccination (adults ages 65+)	2017 77.3%	2017 -	2017 79.5%	2017 82.6%	-	2017 -	2017 79.6%
INTENTIONAL INJURY							
Rape/non-consensual sex (among females, lifetime)	2014, 2016 & 2017 13.1%	2014, 2016 & 2017 35.2%	2014, 2016 & 2017 12.7%	2014, 2016 & 2017 18.0%	-	2014, 2016 & 2017 34.1%	2014, 2016 & 2017 16.9%
Violence by current or former intimate partners in past 12 months (among females)	2011, 2012, 2014 & 2016 1.0%	2011, 2012, 2014 & 2016 5.5%	2011, 2012, 2014 & 2016 0.7%	2011, 2012, 2014 & 2016 0.3%	-	2011, 2012, 2014 & 2016 1.8%	2011, 2012, 2014 & 2016 1.5%

INDICATOR	INSURANCE STATUS						MAINE
	Private	MaineCare	Medicare	Other	Insured	Uninsured	
MENTAL HEALTH							
Depression, current symptoms (adults)	2017 5.0%	2017 24.2%	2017 11.6%	2017 10.8%	-	2017 18.8%	2017 9.6%
Depression, lifetime	2017 20.6%	2017 53.7%	2017 25.6%	2017 30.7%	-	2017 34.2%	2017 26.0%
Anxiety, lifetime	2017 18.2%	2017 44.5%	2017 21.3%	2017 23.6%	-	2017 23.7%	2017 21.8%
Chronic disease among persons with depression	2013-2017 18.7%	2013-2017 34.7%	2013-2017 50.8%	2013-2017 38.7%	-	2013-2017 17.2%	2013-2017 31.2%
Ratio of population to psychiatrists	-	2019 14413.0	-	-	-	-	2019 12985.0
Currently receiving outpatient mental health treatment (adults)	2017 14.9%	2017 34.7%	2017 20.2%	2017 27.2%	-	2017 17.0%	2017 18.6%
ORAL HEALTH							
Ratio of population to practicing dentists	-	2019 8238.0	-	-	-	-	2019 2700.0
Dentist visits in the past year (adults)	2016 72.2%	2016 45.1%	2016 60.7%	2016 58.9%	-	2016 34.9%	2016 63.6%
Children with at least one preventative dental visits in the past year (<21)	2019 69.0%	2019 57.0%	-	-	-	-	2019 62.6%
Adult tooth loss	2016 10.4%	2016 29.1%	2016 37.9%	2016 28.8%	-	2016 26.7%	2016 19.5%
Children covered by dental insurance (<21)	2019 26.5%	2019 30.0%	-	-	-	2019 19.7%	2019 55.7%
Children with at least one dental claim in the past year (<21)	2019 72.7%	2019 61.0%	-	-	-	-	2019 66.5%
SUBSTANCE USE							
Chronic heavy drinking (adults)	2017 9.8%	2017 4.9%	2017 6.1%	2017 6.6%	-	2017 14.8%	2017 8.9%
Binge drinking (adults)	2017 21.6%	2017 13.1%	2017 5.0%	2017 17.5%	-	2017 29.0%	2017 17.9%
Past-30-day marijuana use (adults)	2017 15.3%	2017 -	2017 8.4%	2017 13.9%	2017 8.4%	2017 33.4%	2017 16.3%
Past-30-day misuse of prescription drugs (adult)	2013-2017 0.7%	2013-2017 2.6%	2013-2017 0.4%	2013-2017 0.9%	2013-2017 0.7%	2013-2017 2.6%	2013-2017 1.0%
TOBACCO USE							
Current (every day or somedays) smoking (adults)	2017 12.1%	2017 37.5%	2017 13.7%	2017 18.2%	-	2017 38.7%	2017 17.3%
Current (every day or somedays) e-cigarette use (adults)	2016-2017 3.2%	2016-2017 7.6%	2016-2017 1.5%	2016-2017 5.4%	-	2016-2017 8.7%	2016-2017 3.9%
Maine QuitLink users	2020 1.2%	2020 3.1%	2020 2.0%	-	-	2020 1.8%	2020 1.8%

The Maine Shared Community Health Needs Assessment (Maine Shared CHNA) is a collaboration between Central Maine Healthcare (CMHC), Maine Center for Disease Control and Prevention (Maine CDC), MaineGeneral Health (MGH), MaineHealth (MH), and Northern Light Health (NLH).

The vision of the Maine Shared CHNA is to turn health data into action so that Maine will become the healthiest state in the U.S. The mission of the Maine Shared CHNA is to:

- Create Shared CHNA Reports,
- Engage and activate communities, and
- Support data-driven health improvements for Maine people.

For more information on Maine Shared CHNA, including a list of data sources and definitions, please visit our web page: www.mainechna.org.

