

Income and Health in Maine

This table shows the percentage or rate of each indicator among different income groups in Maine.

For example, 62.6% of adults who earn less than \$15,000 per year have a high school degree or less.

Income Level	Less than \$15,000	\$15,000-24,999	\$25,000-34,999	\$35,000-49,999	\$50,000 or more	Maine Overall	Indicator by Income
Indicator, Year	Estimate 95% CI	Estimate 95% CI	Estimate 95% CI	Estimate 95% CI	Estimate 95% CI	Estimate 95% CI	
Proportion of adults by income level, 2016 ¹	9.4 8.5 – 10.4	17.4 16.1 – 18.6	11.5 10.5 – 12.6	15.4 14.3 – 16.5	46.3 44.7 – 47.9	NA –	
Income less than \$25,000 per year, adults, 2016 ¹	NA –	NA –	NA –	NA –	NA –	26.8 25.4 – 28.3	
High school degree or less, adults, 2016 ¹	62.6 57.5 – 67.6	62.5 58.7 – 66.2	49.7 44.8 – 54.6	45.9 41.9 – 50.0	24.3 22.1 – 26.4	42.0 40.5 – 43.6	
Unemployment rate, adults, 2016 ¹	25.6 17.9 – 33.3	14.8 10.2 – 19.4	8.1 4.1 – 12.1	4.9 2.2 – 7.7	2.0 1.1 – 2.9	6.7 5.6 – 7.8	
Uninsured, all ages, 2016 ²	11.5 10.1 – 12.9 ⁺		11.3 10.0 – 12.6 ⁺		NA –	8.0 7.5 – 8.5 ⁺	
Health rating: fair to poor, adults, 2016 ¹	38.4 33.4 – 43.4	26.9 23.5 – 30.2	18.4 14.7 – 22.2	13.0 10.3 – 15.7	8.0 6.8 – 9.3	16.4 15.3 – 17.5	
Obesity, adults, 2016 ¹	38.1 33.1 – 43.1	31.1 27.4 – 34.8	34.2 29.4 – 39.0	33.1 29.2 – 36.9	27.3 25.2 – 29.3	29.9 28.5 – 31.3	
Current smoking, adults, 2016 ¹	38.6 33.4 – 43.8	31.2 27.2 – 35.1	21.9 17.6 – 26.2	22.1 18.4 – 25.8	11.1 9.5 – 12.8	19.8 18.4 – 21.1	
Sedentary lifestyle, adults, 2016 ¹	38.1 33.1 – 43.1	29.3 25.8 – 32.8	27.2 23.1 – 31.2	22.9 19.5 – 26.3	11.0 9.6 – 26.3	20.6 19.4 – 21.8	
Past 30-day misuse of prescription drugs, adults, 2011-2016 ¹	1.8 [^] 0.9 – 2.6	1.0 [^] 0.5 – 1.5	1.1 [^] 0.6 – 1.6	0.5 [^] 0.2 – 0.8	0.6 [^] 0.4 – 0.8	0.9 0.7 – 1.1	
Coronary heart disease deaths per 100,000 (age-adjusted) 2016 ³	NA –	NA –	NA –	NA –	NA –	79.7 75.7 - 83.9	
High blood pressure, adults, 2015 ¹	43.7 38.3 – 49.0	39.5 35.9 – 43.1	36.6 32.4 – 40.9	33.0 29.5 – 36.5	30.0 28.0 – 32.0	34.1 32.8 – 35.5	
Diabetes, adults, 2013 ¹	16.5 13.1 – 19.8	13.7 11.5 – 16.0	13.5 10.3 – 16.7	10.8 8.6 – 13.1	6.8 5.8 – 7.8	10.6 9.7 – 11.4	
Current asthma, adults, 2016 ¹	22.9 18.5 – 27.4	14.4 11.6 – 17.2	12.2 9.0 – 15.3	11.6 9.1 – 14.2	8.7 7.5 – 10.0	12.2 11.2 – 13.2	
Diagnosed depression (lifetime), adults, 2016 ¹	45.4 40.2 – 50.6	27.8 24.1 – 31.6	25.3 20.4 – 30.2	19.3 16.2 – 22.4	13.4 11.8 – 15.0	21.1 19.8 – 22.4	

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Indicator, Year	Estimate 95% CI	Estimate 95% CI	Estimate 95% CI	Estimate 95% CI	Estimate 95% CI	Estimate 95% CI	
Unintended pregnancy, 2012-2015 ⁴	47.1 42.8 – 51.5	32.0 27.3 – 37.1	24.3* 20.8 – 28.2			28.1 26.3 – 30.0	
Three or more chronic conditions, adults, 2016 ¹	33.1 28.4 – 37.7	24.0 20.9 – 27.1	17.8 15.6 – 20.0		12.5* 10.4 – 14.6	16.5 15.5 – 17.5	
Cost barriers to care, adults, 2016 ¹	20.9 16.3 – 25.6	18.0 14.8 – 21.2	12.5 9.0 – 16.1	8.5 6.2 – 10.8	6.0 4.7 – 6.3	10.8 9.7 – 11.8	
Current depression, adults, 2016 ¹	26.1 21.3 – 31.0	13.5 10.5 – 16.6	6.3 4.8 – 7.7		4.9* 3.3 – 6.6	8.1 7.2 – 9.0	
Currently receiving outpatient mental health treatment, adults, 2016 ¹	37.7 32.4 – 43.1	21.3 18.0 – 24.5	20.1 17.4 – 22.7		13.8* 10.9 – 16.7	18.8 17.5 – 20.0	
Influenza vaccination in the past year, adults, 2016 ¹	33.1 28.6 – 37.7	39.9 36.1 – 43.7	41.7 38.7 – 44.8		43.4* 39.6 – 47.2	43.6 40.1 – 43.1	
Consume less than 1 vegetable per day, adults, 2015 ¹	33.5 27.9 – 39.1	24.7 21.2 – 28.2	20.7 16.8 – 24.5	15.8 12.6 – 19.0	11.8 10.1 – 13.4	18.3 17.0 – 19.5	
Cholesterol checked in past 5 years, adults, 2015 ¹	75.8 70.2 – 81.4	77.9 74.0 – 81.7	79.3 74.6 – 83.9	76.3 72.3 – 80.3	86.7 84.8 – 88.6	81.2 79.8 – 82.6	
High cholesterol, adults, 2015 ¹	51.1 45.3 – 56.9	43.5 39.5 – 47.4	41.9 37.1 – 46.7	34.9 31.2 – 38.6	34.7 32.6 – 36.8	38.5 37.0 – 39.9	
Breast cancer screening up-to-date, women 50-74 years, 2016 ¹	71.4 64.5 – 78.2	74.8 69.4 – 80.3	76.9 70.5 – 83.3	81.4 76.1 – 86.7	87.4 84.9 – 89.8	80.8 78.9 – 82.7	
Colorectal cancer screening up-to-date, adults 50-75 years, 2016 ¹	64.7 56.8 – 66.1	67.5 63.6 – 70.7	74.5 65.7 – 74.0	72.3 72.0 – 78.9	81.6 75.7 – 80.0	75.5 73.8 – 77.1	

All estimates are percentages unless otherwise noted.

¹ BRFSS, Behavioral Risk Factor Surveillance System.

² U.S. Census Bureau, American Community Survey.

³ Maine Mortality Database; Data, Research, and Vital Statistics Program, Maine CDC.

⁴ PRAMS, Pregnancy Risk Assessment Monitoring System.

^ Interpret with caution; unweighted numerator less than 50.

NA: Not available.

† Indicates 90% margin of error was used.

~ Use caution in interpreting PRAMS estimates with an unweighted numerator less than 30.

* Different income groups used. Unintended pregnancy data is presented for women with an annual income less than \$15,000, \$15,001-\$26,000, \$26,001-\$52,000. Three or more chronic conditions, currently receiving outpatient mental health treatment, and influenza vaccination in the past year is presented for annual income less than \$15,000, \$15,000-\$24,999, \$25,000-\$49,999; \$50,000-\$74,999.

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