

# Maine's Lifetime of Good Health

These are the shots your teen needs – Immunize as soon as possible!

Age	Vaccine
Ages 11 – 18	<b>Tdap (Tetanus, Diphtheria and Pertussis)</b> Protects against tetanus, serious breathing problems, and whooping cough
	<b>HPV (Human Papillomavirus)</b> Protects against cervical and other cancers
	<b>Hep A (Hepatitis A)</b> Protects against hepatitis A, a liver disease
	<b>MCV4 (Meningococcal Conjugate)</b> Protects against meningitis, an infection of the brain & spinal cord
	<b>HepB (Hepatitis B)</b> Protects against hepatitis B, a liver disease
	<b>Influenza (Flu)</b> Protects against serious respiratory disease
	<b>MenB (Meningococcal Group B)</b> Protects against meningitis, an infection of the brain & spinal cord

- Please speak with your health care provider to see if your teen needs additional shots.
- Influenza recommendations change frequently; please contact your healthcare provider to see if your teen needs influenza vaccine.

**For more information please contact the Maine Immunization Program at:**

**1- 800- 867- 4775 or 207-287-3746**

**TTY Users Dial: 711 (Maine Relay)**

Maine's Immunization Schedule is compatible with the current recommendations of the Advisory Committee on Immunization Practices (ACIP), the Centers for Disease Control and Prevention (CDC), the American Academy of Pediatrics (AAP), and the American Academy of Family Physicians (AAFP).

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