



Acute Hepatitis C Maine Surveillance Report | 2019

Case Information:

59

patients diagnosed with acute hepatitis C

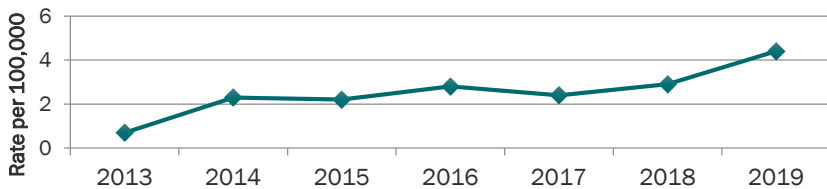
4.4

cases per 100,000 people

51.3%

increase since 2018

Rate of Acute Hepatitis C, Maine



Risk Factors:



41%

Were people who injected drugs



20%

Were incarcerated prior to infection



27%

Were people who used non-injection drugs



8.4%

Received an unlicensed tattoo prior to infection



3%

Were people with multiple sex partners

Baby Boomers

7%

Were born between 1945-1965

Contact Investigations:



• 22% of patients were hospitalized

- 95% of patients had symptoms
- 98% of patients had elevated liver enzyme lab results
- 42% of patients had jaundice

Demographics:

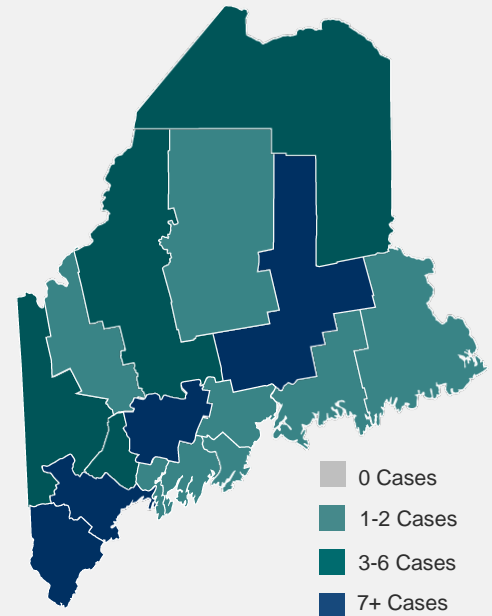


53% of patients were male

Median age of 32.

93% White
5% Unknown

Geography:



Prevention:

- Do not share syringes or injection kit equipment
- Get tested for hepatitis C, especially if you are a person who injects drugs, were ever incarcerated, were born between 1945-1965, or received an unlicensed tattoo
- If you have hepatitis C, seek medical care
- Get vaccinated against hepatitis B, especially if you have hepatitis C

For more information visit:

<https://www.cdc.gov/hepatitis/hcv/index.htm>
<https://www.maine.gov/dhhs/hepatitis>