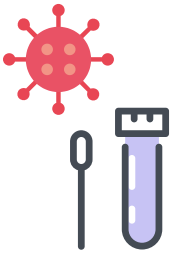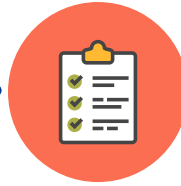# COVID-19 Mythbusters

1

Myth

I do not have to take COVID-19 tests anymore.

Fact

If you are sick with symptoms of a respiratory illness, you can talk with a health care provider about testing. You can test for COVID-19, flu, and RSV. Sometimes knowing what you have can help determine the best treatment options.
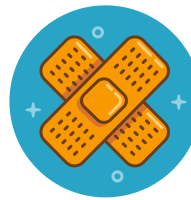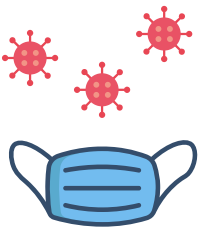
2

Myth

COVID-19 is not a big deal anymore.

Fact

New strains of COVID-19 keep showing up. U.S. CDC recommends vaccination and following preventative measures for all respiratory viruses.

3

Myth

COVID-19 is everywhere. There is no way to avoid getting sick.

Fact

There are many ways to help slow the spread of COVID-19.
- Wash your hands often
- Mask in public places
- Stay up to date with vaccines
- Disinfect/Sanitize areas that you use a lot

Talk with a healthcare provider if you have questions about COVID-19

U.S. CDC recommends staying up to date with COVID-19 vaccines for everyone 6 months and older.

Getting a COVID-19 vaccine can protect you and others around you from getting very sick from COVID-19.

www.cdc.gov/respiratory-viruses/prevention/testing.html